



RISING SUN MIDWIFERY

Over-the-Counter Medications in Pregnancy

The following medications are considered safe for limited use during pregnancy.
Call the midwife for other suggestions.

Use these drugs on a limited basis only

Allergy

Benadryl – tablets or cream

Hydrocortizone cream 1%

Cold

Tylenol – regular strength

Robitussin – only in 2nd and 3rd trimesters

Antacids

Tums

Pepcid

Zantac

Stool Softeners

Metamucil

Psyllium Husk

Surfak

Colace

Other

Preparation H

Do Not Use The Following Drugs in Pregnancy

Asprin

Advil

Ibuprofen

Aleve

Motrin

Pepto-bismal

Sudafed

Decongestants